H.A.B.A.360® · HOLISTIC ANTI-BULLYING APPROACH

Level 2 Coach & Trainer

Course description · prevention and intervention

Level 2 Coach & Trainer is the comprehensive specialist level of the five-level H.A.B.A.360® programme. It requires a completed Level 1 Facilitator and leads professionals from the preventive work of the Facilitator level to autonomous intervention, counselling and support work in acute bullying situations. Graduates obtain the certificate "Certified Professional in Bullying Prevention and Intervention H.A.B.A.". The programme has an international focus and is structured in line with recognised quality standards.

FORMAT	ON COMPLETION	FOR WHOM	PRICE REGION 1*
8 course days	**Certificate**	**Professionals with Level 1**	**CHF 4'830**
online synchronous · 4 modules of 2 days + accompanying formats	Professional in Bullying Prevention and Intervention H.A.B.A.	requires Level 1	

What this level enables

- ✓ Advise schools in bullying situations and support them long-term
- ✓ Carry out bullying interventions and structured case analyses
- ✓ Advise the parents of affected children
- ✓ Support affected children and adolescents
- ✓ Lead teacher training and continuing education for teaching teams
- ✓ Build your own professional practice, up to your own specialist service for bullying

1 Title and qualification

Course title	Level 2 Coach & Trainer
Overarching framework	H.A.B.A.360® (Holistic Anti-Bullying Approach)
Certification	Certificate "Certified Professional in Bullying Prevention and Intervention H.A.B.A."
Validity of certification	Lifelong (documents the completed educational pathway)
Function in the overall structure	Comprehensive specialist level; prerequisite for Level 3 Mentor (from 2027)

2 Target group and admission requirements

Target group	Professionals with academic training at Bachelor level (or higher) in Psychology, Education / Educational Sciences, Teaching, Speech and Language Therapy, Occupational Therapy, Special Needs Education, Social Work / Social Pedagogy and Medicine
Alternative pathway	Admission after individual assessment in the case of demonstrably equivalent training in the counselling, education or psychosocial field
Content admission requirement	Completed Level 1 Facilitator (HABA)
Technical requirements	Stable internet connection, device with camera and microphone, quiet learning environment

3 Competence objective

A HABA Coach & Trainer specialist can autonomously carry out bullying interventions in ongoing cases, advise schools in bullying situations and support them long-term, lead continuing education for teaching teams, and professionally support affected persons and their parents in acute bullying cases. They carry out structured case analyses, select intervention approaches appropriate to the phase and context, hold conversations with parents in situations of high emotional strain, maintain the stance of multipartiality even under pressure, and know the limits of their role with regard to therapy, school psychology services, child and youth protection, and the justice system.

4 Content axes

The course is structured into four modules of two course days each (eight days).

MODULE I

Methodological foundations & case analysis

Individual-psychological and systemic foundations · cyberbullying in intervention practice · structured HABA case analysis as an integrative procedure.

MODULE II

Supporting affected persons & parent counselling

Supporting affected children and adolescents, context-sensitive and system-oriented, individualised according to lifestyle and personality profile; counselling and support of parents.

MODULE III

School counselling & continuing education for teaching teams

School counselling, continuing education for teaching teams and a comparison of intervention programmes; interdisciplinary cooperation and points of intersection.

MODULE IV

Crises, stance & public presence

Crisis situations, stance under pressure, professional ethics and professional public presence as a HABA Coach & Trainer.

5 The written assignment

The written assignment is the central assessment of learning. It comprises three parts:

Part 1 · Intervention case study	A real intervention case, presented in a structured way and framed holistically (10,000–13,000 characters).
Part 2 · Conceptual work	A school-counselling or teaching-team-training concept (10,000–13,000 characters).
Part 3 · Reflective part	Reflection on one's own stance and role (4,000–6,000 characters).
Total	24,000–32,000 characters · APA style · anonymised · pass / fail assessment; one revision possible.

6 Format and structure

Teaching format	Online synchronous in small groups of up to 25 participants per course day, complemented by accompanying formats and a documented practical phase
Synchronous contact time	8 course days (56 synchronous hours in total, four modules of two days)
Accompanying formats	2 × 3 hours of group case consultation · 2 × 4 hours of intervention workshop · 1 × 1 hour of individual case consultation · 5 × 2 hours of peer-consultation groups (documented) · documented practical phase with at least one of your own intervention or counselling cases · reflection journal Group case consultation: you bring your own cases and we work on them together under professional guidance.
Required reading	HABA learning materials, course notes and intervention-specific in-depth texts (provided during the course)

7 Assessment of learning

Attendance	Full participation in the eight course days and in all accompanying formats led by the programme management
Written assignment	In three parts (intervention case study · conceptual work · reflective part); the requirements and assessment rubric are provided during the course
Additional submission requirements	Complete practice journal · complete reflection journal · documented peer-consultation participation
Assessment	Pass / fail, with qualitative feedback; one revision possible
Document on completion	Certificate "Certified Professional in Bullying Prevention and Intervention H.A.B.A."

8 Workload

Synchronous course days	56 hours
Group case consultation	6 hours
Intervention workshop	8 hours
Individual case consultation	1 hour
Peer-consultation groups (participant-led)	10 hours
Documented practical phase, self-study, required reading and written assignment (recommended)	approx. 169 hours
Total workload (recommended)	approx. 250 hours

9 Notes

The programme is structured in line with recognised quality standards; the corresponding recognitions are being prepared for each language region. The Level 2 certification is lifelong and documents the completed educational pathway. Using the HABA brand title in the present tense, using the HABA logo, the listing in the public HABA directory, as well as access to the HABA Toolbox and the HABA Community additionally require an active HABA licence. The HABA licence programme will be introduced at a later date; details will be communicated in good time.

Prices & accessibility: effective bullying prevention and intervention should be possible everywhere, regardless of how different the economic conditions are across the world's regions. That is why the price depends on the purchasing power of the country of residence: professionals in regions with lower purchasing power pay less, so that the programme stays fairly accessible both professionally and financially.

Region	Countries	Price
Region 1*	Germany, Austria, Switzerland, Benelux, Scandinavia	full price
Region 2	rest of Western Europe, North America, Australia/New Zealand, Asia-Pacific, Gulf States, Israel	– 25 %
Region 3	Eastern Europe, Latin America, Africa, rest of the Near/Middle East, rest of Asia	– 45 %

* Region 1 = full price; for Regions 2 and 3 the price is reduced accordingly.

Instalment payment is available for all regions and courses. For special situations there are scholarship options (details in the Scholarship Regulations). **Referral discount:** for every registration for Level 1 or Level 2 that you refer, you receive a 20 % discount on your own course, up to 80 % from four registrations.

Cancellation: the H.A.B.A.360® General Terms and Conditions apply; cancellation, postponement and withdrawal are governed there.