



Level 1 — Facilitator

Course description · the first certification

Level 1 — Facilitator is the first certifying level of the H.A.B.A.360™ programme. Graduates shape effective prevention: in their work with children and young people they not only strengthen the individual but change the group and status dynamic in which bullying arises – and they deliberately involve parents.

FORMAT

**4 days online
synchronous**

Basis + 2 in-depth days +
mentoring

ON COMPLETION

Certificate

Professional in Bullying
Prevention H.A.B.A.

FOR WHOM

**Professionals
with academic
training**

among others · also via
alternative pathway

PRICE REGION 1*

**CHF 1'890 Early
Bird / 2'090**

standard price · incl. Basis

What this level enables

- ✓ Tailor prevention precisely to the class and situation – not only strengthening individual children, but changing the group dynamic in which bullying arises
- ✓ Deliver courses that strengthen children and adolescents and foster a sense of community – inside and outside school
- ✓ Give talks for parents – adapted to the specific school situation, not off the shelf

1 Title and qualification

Course title	Level 1 — Facilitator
Overarching framework	H.A.B.A.360™ — Holistic Anti-Bullying Approach
Certification	Certificate “Certified Professional in Bullying Prevention H.A.B.A.”
Validity of certification	Lifelong (documents the completed educational pathway)
Function in the overall structure	First certifying level; prerequisite for Level 2 — Coach & Trainer

Level 1 — Facilitator

Course description · the first certification

2 Target group and admission requirements

Target group	Professionals with academic training at Bachelor level (or higher) in Psychology, Education / Educational Sciences, Teaching, Speech and Language Therapy, Occupational Therapy, Special Needs Education, Social Work / Social Pedagogy and Medicine
Alternative pathway	Admission after individual assessment in the case of demonstrably equivalent training in the counselling, education or psychosocial field
Content prerequisite	HABA Basis (can be booked within the same registration — the Level 1 price includes Basis in full)
Technical requirements	Stable internet connection, device with camera and microphone, quiet learning environment

3 Content axes

The course comprises four days: two Basis days and two in-depth days building on them.

Module 1 - HABA Basis (two days, ten thematic blocks): the professional foundations on bullying and cyberbullying – from theory, group dynamics, law and consequences to recognising, differentiating and acting. The full overview of topics is in the Basis course description.

Module 2 - In-depth (two days):

Day 1 — Work with children and young people

- Social-Emotional Learning (SEL)
- Building resilience
- Understanding and changing group and status dynamics
- Core principles of prevention
- Designing and delivering courses for children and adolescents
- Professional stance (multipartiality, context sensitivity)

Day 2 — Work with parents, stance & presence

- Professional ethics and role clarity
- Prevention in the school and family domains
- Strengthening parents
- Designing and delivering talks for parents
- Clarification and boundary-setting in suspected cases
- Public presence and positioning

4 The written assignment

The written assignment is the central assessment of learning and examines clarification and conception competence. It comprises two parts:

Part 1 · Case study	Examine a real bullying situation, frame it holistically and clarify your own role and its boundaries.
Part 2 · Conceptual work	Design a talk for parents or a course for children and adolescents.

Length 12,000–16,000 characters · APA style · anonymised · deadline two months · pass / fail assessment — with qualitative feedback.

Level 1 — Facilitator

Course description · the first certification

5 Format and structure

Teaching format	Online synchronous, small groups of up to 20 participants
Synchronous contact time	4 course days (28 synchronous hours in total)
Conceptualisation workshop	4 hours of guided workshop to prepare the written assignment
Accompanying formats	2 × 3 hours of group mentoring (group case mentoring) · 1 × 1 hour of individual mentoring · access to the HABA course platform

6 Assessment of learning

Attendance	Full participation in the four course days, the conceptualisation workshop and the mentoring sessions
Written assignment	In two parts (case study · conceptual work); the requirements and criteria are explained in the conceptualisation workshop
Assessment	Pass / fail, with qualitative feedback
Document on completion	Certificate “Certified Professional in Bullying Prevention H.A.B.A.”

7 Workload

Synchronous course days	28 hours
Conceptualisation workshop	4 hours
Group mentoring	6 hours
Individual mentoring	1 hour
Self-study and written assignment (recommended)	approx. 86 hours
Total workload (recommended)	approx. 125 hours

Level 1 — Facilitator

Course description · the first certification

8 Notes

The programme is structured in line with recognised quality standards; the corresponding recognitions are being prepared for each language region. The Level 1 certification is lifelong and documents the completed educational pathway. Using the HABA brand title in the present tense, using the HABA logo, the listing in the public HABA directory, as well as access to the HABA Toolbox and the HABA Community additionally require an active HABA licence. The HABA licence programme will be available with the first certifications from autumn 2026; details will be communicated in good time before the start.

Prices & accessibility: Effective bullying prevention should be possible everywhere — regardless of how different the economic conditions are across the world's regions. That is why the price depends on the country of residence: professionals in regions with lower purchasing power pay less, so that the programme stays fairly accessible both professionally and financially.

Region	Countries	Price
Region 1*	Germany, Austria, Switzerland, Benelux, Scandinavia	full price
Region 2	rest of Western Europe, North America, Australia/New Zealand, Asia-Pacific, Gulf States, Israel	– 25 %
Region 3	Eastern Europe, Latin America, Africa, rest of the Near/Middle East	– 45 %

* Region 1 = full price; for Region 2 and 3 the price is reduced accordingly (see table).

Instalment payment is available for all regions and courses. For special situations there are scholarship options (details in the Scholarship Regulations). **Differential rate:** Basis graduate → Level 1 CHF 1'080 (Early Bird) / CHF 1'200 (standard price).

Cancellation: the H.A.B.A.360™ General Terms and Conditions apply; cancellation, postponement and withdrawal are governed there.