



Level 2 — Coach & Trainer

Course description · prevention and intervention

Level 2 — Coach & Trainer is the comprehensive specialist level of the five-level H.A.B.A.360™ programme. The course requires a completed Level 1 — Facilitator and leads professionals from the preventive public stance of the Facilitator level to autonomous intervention, counselling and accompaniment work in acute bullying situations. Graduates obtain the certificate “Certified Specialist in Bullying HABA — Prevention and Intervention”. The course has an international orientation and is structured in line with recognised quality standards.

FORMAT

8 days blended

4 modules of 2 days +
accompanying formats

ON COMPLETION

Certificate

Specialist in Bullying HABA
— Prevention and
Intervention

FOR WHOM

Professionals with Level 1

requires Level 1

PRICE REGION 1

CHF 4'390 Early Bird / 4'830

standard price · requires
Level 1

What this level enables

- ✓ Advise schools in bullying situations and accompany them long-term
- ✓ Carry out bullying interventions and structured case analyses
- ✓ Advise the families of affected children
- ✓ Accompany affected children and adolescents
- ✓ Lead training for teachers and teaching teams

1 Title and qualification

Course title	Level 2 — Coach & Trainer
Overarching framework	H.A.B.A.360™ — Holistic Anti-Bullying Approach
Certification	Certificate “Certified Specialist in Bullying HABA — Prevention and Intervention”
Validity of certification	Lifelong (documents the completed educational pathway)
Function in the overall structure	Comprehensive specialist level; prerequisite for Level 3 — Mentor (pipeline 2027)

Using the HABA brand title in the present tense, using the HABA logo and the listing in the public HABA directory require, in addition to certification, an active HABA licence (two-tier quality architecture). Details are set out in the Self-Designation Guideline.

2 Target group and admission requirements

Target group	Professionals with academic training at Bachelor level (or higher) in Psychology, Education / Educational Sciences, Teaching, Speech and Language Therapy, Occupational Therapy, Special Needs Education, Social Work / Social Pedagogy and Medicine
Alternative pathway	Admission after individual assessment in the case of demonstrably equivalent training in the counselling, education or psychosocial field
Content admission requirement	Completed Level 1 — Facilitator (HABA). Direct entry to Level 2 is not possible.
Technical requirements	Stable internet connection, device with camera and microphone, quiet learning environment

3 Competence objective

A HABA Coach & Trainer specialist can autonomously carry out bullying interventions in ongoing cases, advise schools in bullying situations and accompany them long-term, lead teaching-team training and professionally accompany affected persons and their families in acute bullying cases. They carry out structured case analyses, select intervention approaches appropriate to the phase and context, conduct interviews with families in situations of high emotional strain, maintain the stance of multipartiality even under pressure, and know the limits of their role with regard to therapy, school psychology services, child and youth protection, and the justice system.

4 Content axes

The course is structured into four modules of two days each (eight days). Concrete templates, tools and operationalisations are reserved for the live class and the HABA Toolbox.

MODULE I

Methodological foundations and case analysis

Individual-psychological and systemic foundations · cyberbullying in intervention practice · structured HABA case analysis as an integrative procedure.

MODULE II

Accompanying affected persons and counselling families

Accompanying affected children and adolescents — context-sensitive and system-oriented, individualised according to lifestyle and personality profile; counselling and accompaniment of families.

MODULE III

School counselling and teaching-team training

School counselling, teaching-team training and comparison of intervention programmes; interdisciplinary cooperation and interfaces.

MODULE IV

Crises, stance and public presence

Crisis situations, stance under pressure, professional ethics and professional public presence as a HABA Coach & Trainer.

5 The written assignment

The written assignment is the central assessment of learning. It comprises three parts:

Part 1 · Intervention case study	A real intervention case, presented in a structured way and framed holistically (10,000–13,000 characters).
Part 2 · Conceptual work	A school-counselling or teaching-team-training concept (10,000–13,000 characters).
Part 3 · Reflective part	Reflection on one's own stance and role (4,000–6,000 characters).

Total 24,000–32,000 characters · APA style · anonymised · pass / fail assessment; one revision possible.

6 Format and structure

Teaching format	Blended: online synchronous in small groups of up to 20 participants, complemented by accompanying formats and a documented practical phase
Synchronous contact time	8 days (56 synchronous hours in total, four modules of two days)
Accompanying formats	2 × 3 hours of group case mentoring · 2 × 4 hours of intervention workshop · 1 × 1 hour of individual case mentoring · 5 × 2 hours of intervision groups (documented) · documented practical phase with at least one of your own intervention or counselling cases · reflection journal
Required reading	Book by Christelle Schläpfer, as well as specific in-depth intervention texts (provided during the course)

7 Assessment of learning

Mandatory attendance	Full participation in the eight days and in all accompanying formats led by the programme management
Written assignment	In three parts (intervention case study · conceptual work · reflective part); the requirements and the assessment rubric are provided during the course
Additional submission requirements	Complete practice journal · complete reflection journal · documented intervention participation
Assessment	Pass / fail, with qualitative feedback; one revision possible
Document on completion	Certificate "Certified Specialist in Bullying HABA — Prevention and Intervention"

8 Workload

Synchronous days	56 hours
Group case mentoring	6 hours
Intervention workshop	8 hours
Individual case mentoring	1 hour
Intervention groups (participant-led)	10 hours
Documented practical phase, self-study, required reading and written assignment (recommended)	approx. 169 hours
Total workload (recommended)	approx. 250 hours

9 Notes

The course is structured in line with recognised quality standards; the corresponding recognitions are being prepared for each language region. The Level 2 certification is lifelong and documents the completed educational pathway. Using the HABA brand title in the present tense, using the HABA logo, the listing in the public HABA directory, as well as access to the HABA Toolbox and the HABA Community additionally require an active HABA licence. The HABA licence programme will be available with the first certifications from autumn 2026; details will be communicated in good time before the start.

Prices and accessibility: the prices shown correspond to Region 1 (highest-price market) and are founding rates for the first cohorts; rates increase from 2027. H.A.B.A.360™ is offered internationally; the rate is determined by the participant's region of residence at the time of booking:

Region 1 · 100 % Highest-price market — Germany, Austria, Switzerland, Benelux, Scandinavia

Region 2 · approx. 75 % Mid-price market — Western Europe, North America, Australasia, Asia-Pacific, Gulf States and Israel

Region 3 · approx. 55 % Pioneer market — Eastern Europe, Latin America, Africa, rest of the Middle East and rest of Asia

The region is indicated at registration by self-declaration. Instalment payment is available at all levels; a tiered scholarship system also exists (details in the Scholarship Regulations).

Cancellation: the H.A.B.A.360™ General Terms and Conditions apply; cancellation, postponement and withdrawal are governed there.