



Level 1 — Facilitator

Course description · the first certification

Level 1 — Facilitator is the first certifying level of the five-level H.A.B.A.360™ programme. It comprises the two days of HABA Basis and two additional in-depth days. Graduates obtain the certificate “Certified Specialist in Bullying Prevention HABA” and, with it, the professional basis to recognise bullying situations in a structured way within their own professional context, to assess them and — within the scope of their professional role — to take the first steps of clarification and prevention, as well as to design and deliver prevention talks and courses for families, children and adolescents. The course has an international orientation and is structured in line with recognised quality standards.

FORMAT

**4 days online
synchronous**

Basis + 2 in-depth days +
mentoring

ON COMPLETION

Certificate

Specialist in Bullying
Prevention HABA

FOR WHOM

**Professionals with
academic training**

among others · also via
alternative pathway

PRICE REGION 1

**CHF 1'890 Early Bird /
2'090**

standard price · incl. Basis

What this level enables

- ✓ Deliver talks for families
- ✓ Design and deliver prevention courses for children and adolescents — within and outside school
- ✓ Autonomous preventive work against bullying in your own professional context

1 Title and qualification

Course title	Level 1 — Facilitator
Overarching framework	H.A.B.A.360™ — Holistic Anti-Bullying Approach
Certification	Certificate “Certified Specialist in Bullying Prevention HABA”
Validity of certification	Lifelong (documents the completed educational pathway)
Function in the overall structure	First certifying level; prerequisite for Level 2 — Coach & Trainer

Using the HABA brand title in the present tense, using the HABA logo and the listing in the public HABA directory require, in addition to certification, an active HABA licence (two-tier quality architecture). Details are set out in the Self-Designation Guideline.

2 Target group and admission requirements

Target group	Professionals with academic training at Bachelor level (or higher) in Psychology, Education / Educational Sciences, Teaching, Speech and Language Therapy, Occupational Therapy, Special Needs Education, Social Work / Social Pedagogy and Medicine
Alternative pathway	Admission after individual assessment in the case of demonstrably equivalent training in the counselling, education or psychosocial field
Content prerequisite	HABA Basis (can be booked within the same registration — the Level 1 price includes Basis in full)
Technical requirements	Stable internet connection, device with camera and microphone, quiet learning environment

3 Content axes

The two days of HABA Basis (eleven thematic blocks) are fully included. Two in-depth days build on them. Concrete templates, tools and operationalisations are reserved for the live class and the HABA Toolbox.

Day 1 — Stance and work with families

- Professional stance: multipartiality and context sensitivity
- Professional ethics and role clarity (delimitation Level 1 ↔ Level 2)
- Deepening prevention in the school and family domains
- Strengthening families — preventively and in cases of affectedness
- Designing and delivering talks for families

Day 2 — Work with children and young people, and public stance

- Social-emotional learning (SEL) — basic social-emotional competences, also integrable in the classroom
- Building resilience — targeted promotion of individual protective and coping competences
- Designing and delivering courses for children and adolescents
- Clarification and delimitation competence in suspected cases
- Public stance and positioning as a HABA Facilitator

4 The written assignment

The written assignment is the central assessment of learning and addresses the competence of clarification and conception. It comprises two parts:

Part 1 · Case study	Perceive a real bullying situation, frame it holistically and clarify your own role and delimitation.
Part 2 · Conceptual work	Design a talk for families or a course for children and adolescents.

Length 12,000–16,000 characters · APA style · anonymised · four-month deadline · pass / fail assessment.

5 Format and structure

Teaching format	Online synchronous, small groups of up to 20 participants
Synchronous contact time	4 days (28 synchronous hours in total)
Conceptualisation workshop	4 hours of guided workshop to prepare the written assignment
Accompanying formats	2 × 3 hours of group mentoring (group case mentoring) · 1 × 1 hour of individual mentoring · access to the HABA course platform
Required reading	Book by Christelle Schläpfer

6 Assessment of learning

Mandatory attendance	Full participation in the four days, the conceptualisation workshop and the mentoring sessions
Written assignment	In two parts (case study · conceptual work); the requirements and criteria are explained in the conceptualisation workshop
Assessment	Pass / fail, with qualitative feedback
Document on completion	Certificate "Certified Specialist in Bullying Prevention HABA"

7 Workload

Synchronous days	28 hours
Conceptualisation workshop	4 hours
Group mentoring	6 hours
Individual mentoring	1 hour
Self-study, required reading and written assignment (recommended)	approx. 86 hours
Total workload (recommended)	approx. 125 hours

8 Notes

The course is structured in line with recognised quality standards; the corresponding recognitions are being prepared for each language region. The Level 1 certification is lifelong and documents the completed educational pathway. Using the HABA brand title in the present tense, using the HABA logo, the listing in the public HABA directory, as well as access to the HABA Toolbox and the HABA Community additionally require an active HABA licence. The HABA licence programme will be available with the first certifications from autumn 2026; details will be communicated in good time before the start.

Prices and accessibility: the prices shown correspond to Region 1 (highest-price market) and are founding rates for the first cohorts; rates increase from 2027. H.A.B.A.360™ is offered internationally; the rate is determined by the participant's region of residence at the time of booking:

Region 1 · 100 % Highest-price market — Germany, Austria, Switzerland, Benelux, Scandinavia

Region 2 · approx. 75 % Mid-price market — Western Europe, North America, Australasia, Asia-Pacific, Gulf States and Israel

Region 3 · approx. 55 % Pioneer market — Eastern Europe, Latin America, Africa, rest of the Middle East and rest of Asia

The region is indicated at registration by self-declaration. Instalment payment is available at all levels; a tiered scholarship system also exists (details in the Scholarship Regulations). **Differential rate:** HABA Basis graduate → Level 1 CHF 1'080 (Early Bird) / CHF 1'200 (standard price).

Cancellation: the H.A.B.A.360™ General Terms and Conditions apply; cancellation, postponement and withdrawal are governed there.